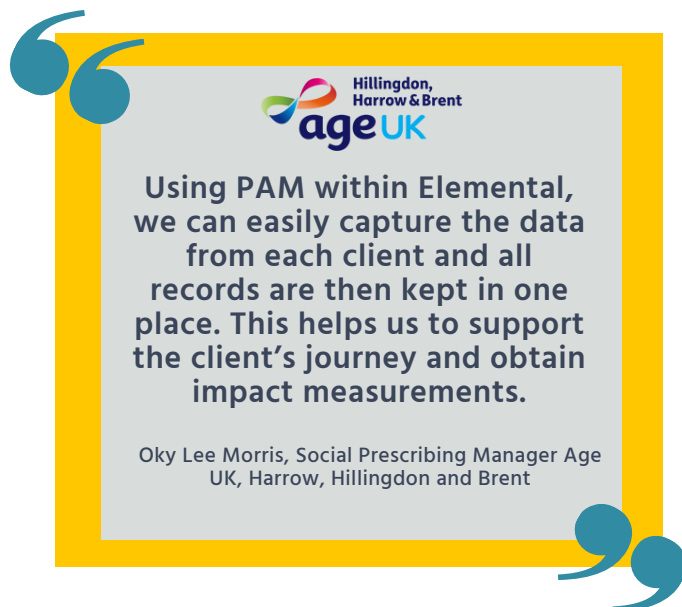


# Making it easier for Link Workers to use the Patient Activation Measure(PAM®)

At Elemental, we know how vital the role of Social Prescribing Link Workers is in ensuring the most vulnerable people in our communities are supported, cared for, and empowered.

Link Workers also play a role in helping to reduce demand for GP services and are able to help people with many of their social needs.

There is increasing pressure and demand on Link Workers and that's why we're committed to continually enhancing and improving the capabilities of our digital social prescribing platform to provide teams with the tools and technical connectivity they need for multi-sector partnership working, leadership, and the measurement of mobilisation of support where needed.



Thanks to an innovative partnership between Elemental and Insignia Health, Link Workers can now:



Carry out baseline assessments with patients and co-create wellbeing plans based on the outcomes



Support their patients to better connect and engage in services such as exercise, debt advice, mental health support and housing issues and can automatically report back to those initiating referrals such as GPs etc on the uptake and impact of the referral.



Monitor the impact of the social prescribing referral on patient activation



Report more easily on their objectives to commissioners



Schedule follow up calls/ meetings

# About PAM®



PAM is a 10- or 13-statement questionnaire to identify the skills, knowledge and confidence people have to manage their own health and wellbeing.



PAM score (0-100) translates to one of 4 levels of activation, which indicates how much support a person is likely to need.



There are versions for carers, parents, and 35+ translations available

## PAM® Activation Levels



### LEVEL 1

Disengaged and overwhelmed

"My doctor is in charge of my health."

### LEVEL 2

Becoming aware but still struggling

"I could be doing more for my health."

### LEVEL 3

Taking action and gaining control

"I'm part of my health care team."

### LEVEL 4

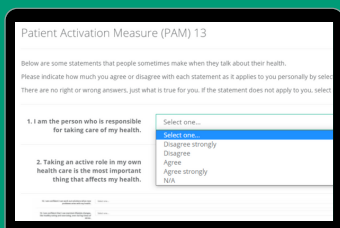
Maintaining behaviours and pushing further

"I'm my own health advocate."

## Using PAM® in Elemental

Using our Core social prescribing platform, you can promote self-care by co-creating social prescribing plans with patients using outcomes from PAM assessments.

Integration with Insignia's activation and analytics system means that customers can also better predict future emergency department visits, hospital admissions and readmissions, medication adherence, GP attendances and better support decision making for those with long term conditions.



[CLICK HERE TO REQUEST A DEMO](#)

## WORKING IN PARTNERSHIP WITH:



inhealthcare



## Contact Elemental

Let's discuss your plans for mobilising your communities and explore if and how we can help.



02871 271800



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The social prescribing people